ConnectLife Blood Drive Boot Camp

Summary

The ConnectLife Club plays a key role in supporting the blood drive in the school. The goal of ‘Boot Camp’ is to prepare the club for their role in making their school blood drive a success. The Boot camp will be held during a club meeting prior to the school’s first blood drive of the year. At this meeting the advisor and club leader will look to ‘recruit’ key club members to carry out the important tasks at each step of the blood drive process. The aim is to have club members assume a leadership role with the blood drives at their school and have the entire club engaged in a service capacity with the drive.

Reaching our Collection Goal

Explain what type of patients need blood and the hospitals we supply to. Stress the fact that local hospitals are already counting on us to supply them with healthy blood for local patients!

Review how their blood drive goal plays a role in our overall supply to hospitals.

Donor Eligibility and Preparing for Donation

Begin eating iron rich foods 3-5 days before donation. Give examples of specific foods and pass out donor educational material.

Importance of hydration before and after and reasons why – Easier to find vein, blood flows faster, eliminates chance of headache post donation.

Eat breakfast/lunch day of blood drive.

Common reasons for deferral:

- Tattoo – 12 months from time of tattoo
- Weight –120lbs
- Self piercing – not at a studio – 12 months
- Self harm - current or recent - deferred
- Other: not feeling well or on antibiotics
Important to note: We want everyone to have the chance to donate – if you know that you cannot donate for a reason above or other – don’t take the spot of someone who CAN donate.

Explain the process and put their mind at ease as to eliminate unneeded stress before donating.

**Club Roles and Responsibilities**

**Pre-Blood Drive:**

*Recruitment/Education of Donors*

- Run a campaign the week, or week before, blood drive.
- Designate students to walk around cafeteria tables ASKING to make appointments.
- Pass out permission slips and blood donor tips sheets.
- Designate members to recruit in offices and other teachers.
- Designate Team Leaders to speak in front of at least 5 other clubs.
- Set appointments, add them into Donor for Life, hand out reminders, collect 16-year old forms.
- Give students who sign up for an appointment high iron food a few days prior.
- Morning announcement reminders.
- Invite family members to donate if allowed.

*Logistics*

- Communicate with Facilities the day before the blood drive to insure the room will be cleared out, tables and chairs will be provided, all outlets are functional.
- Obtain, the most current yearbook for Photo ID of students who need it.

**Day-of Blood Drive:**

- Set up tables and chairs, if necessary.
- Have a breakfast for all donors before school (smoothies/bagels/breakfast pizza).
- Bring nurse extra snacks and beverages.
- Stock/re-stock refreshment table throughout the duration of the blood drive.
- Recruit lunches/find missed appointments.
- Sign donors in and out/hand out passes.
- Escort donors to refreshments (students allowed 20 mins max at refreshments).
• Hand out shirts/incentives to all presenting donors.
• Thank donors, ask how they’re feeling and re-sign them for next blood drive, if necessary.

*Maximum of 2-3 student volunteers needed at a time

Post-Blood Drive:

• Assist in clean up.
• Thank administration.
• Make announcement on the amount of lives saved for the day.
• Plan a summer blood drive.
• Encourage students to join the club for next year.